

General Info, Policies and Procedures

Mission:

Mission of the Roosevelt University Athletic Training Staff is to provide the student-athlete with a comprehensive medical care system to include the prevention, evaluation, treatment and reconditioning of athletic injuries/illnesses while also providing health oriented educational opportunities to the student-athlete.

General Policy:

To better serve the RU student-athlete, the athletic training staff needs to be well informed and involved in the health care of that student-athlete. This includes ALL illnesses, injuries, and/or conditions that may affect the physical and mental status of the student-athlete. The Athletic Training Staff is the front line of this system. PLEASE REPORT ALL INJURIES/ILLNESSES IN A TIMELY FASHION so that we may provide the best possible care.

Athletic Training Room:

The athletic training room is located on the 6th floor, room 658 of the Auditorium Theater building. The facility is equipped with treatment modalities including: hot and cold therapy, electrical stimulation, and ultrasound, and rehabilitation devices.

Athletic Training Room Hours:

Monday-Friday: 12PM -7PM

Saturday: 8AM-12PM

How to Report Injuries:

It is the student athlete's responsibility to report any and all injuries/illnesses to the athletic training staff. Athletic injuries MUST BE REPORTED to the staff within 48 hours of the incident. The best way to report an injury is to contact the athletic trainer or inform a coach. Prompt reporting of injuries allows the athletic training staff to begin initial care, follow up with appropriate treatment, and refer to a specialist if deemed necessary.

Seeing a Doctor:

With a referral from the athletic training staff, a team physician will see injured or ill student-athletes. Failure to obtain this referral will result in the student-athlete being responsible for all related expenses. The orthopedic team physician and/or other medical specialist will be seen by appointment only. Decisions regarding referral of a student-athlete to them will be made by Roosevelt University and the athletic training staff.

Emergency Room:

Emergency Room is used for emergencies only! Blisters, sore throats, muscle strains, etc. are NOT emergencies. Extreme illness, serious uncontrollable bleeding and severe head injuries are examples of emergencies.

The student-athlete must try and contact the athletic trainer before using the Emergency Room. Emergency room care is expensive and the associated costs may not be the responsibility of the athletic department! The Athletic Department only provides secondary insurance coverage for injuries, which are a direct result of a formal practice or game. Contacting the athletic trainer may help avoid a costly bill.

Coverage of Practices and Events:

- 1) The athletic training staff will be on hand and readily accessible at all home competitive season practice sessions between 12-7 PM Monday-Friday during the academic year and 8AM-12PM on Saturday, or until the last practice/event is completed.
- 2) All other practices will be covered when considered necessary by the athletic training staff. It is the responsibility of the coaching staff to notify the athletic training staff of all practices in advance so as to secure coverage. **Failure to communicate within 24 hours prior will be without coverage.**
- 3) The athletic training staff will be on hand or readily accessible for all home contests.
- 4) Within the restraints of team budgets, a member of the athletic training staff may travel. If an athletic trainer is not able to travel with a given team, arrangements will be made with the host school to provide athletic training coverage when at all possible.
- 5) The athletic training staff will be on hand prior to and post practices/events to care for any medical related needs or refer the athlete to the team physician.

Policies and Procedures

- 1) Every student-athlete must have a physical examination prior to participating.
- 2) Prior to the physical exam, the student-athlete must have completed and have on file the student-athletes primary insurance information form.
- 3) Decisions regarding the medical status of a student-athlete for practice or game participation shall be the sole responsibility of the team physician and athletic training staff.
- 4) The athletic department WILL NOT BE FINANCIALLY OR LEGALLY RESPONSIBLE for injuries that are NOT directly related to intercollegiate athletic participation at RU.
- 5) It is the student-athlete and his/her parents' responsibility to provide primary insurance coverage.
- 6) Payment for medical expenses resulting for injuries/illnesses sustained by student-athletes will be defined as follows:
 - A. The athletic department only provides secondary insurance coverage for injuries that are a DIRECT result of athletic participation in an organized practice or competition for a rostered student-athlete.
 - B. Routine dental care is not provided
- 7) Other provisions or limitations:
 - A. Injuries MUST be reported within 48 hours of incident
 - B. Expenses from referral to a specialist when the medical staff has approved it
 - C. Medical expenses not covered by primary insurance, but authorized by the team physician and athletic training staff when it is directly related to athletics participation
 - D. Routine eye exams are the responsibility of the student-athlete
 - E. Prescription medicine authorized by the team physician
 - F. Medication for pre-existing conditions will not be covered (i.e. diabetes, asthma, etc). Medication for sexually transmitted diseases, diet supplements, antacids and birth control pills will NOT be covered